

## Archbold Adult Day Care Menu Provided by Essen Haus

### Menu 1 (every other week rotation):

<b>Monday</b>	Broasted Chicken Mashed Potatoes Bread Fruit	Reuben Sandwich Macaroni Salad Vegetable Fruit	Chef Salad Toast Fruit
<b>Tuesday</b>	Salisbury Steak Mashed Potatoes Toast Fruit	BLT Potato Salad Fruit	Veggie Omelet Homefries Fruit
<b>Wednesday</b>	Roast Beef Mashed Potatoes Vegetable Bread Fruit	Hot Ham & Cheese Sandwich Vegetable Soup Fruit	Hamburger w/lettuce and tomato Homemade Noodles Fruit
<b>Thursday</b>	Roast Pork Baked Potato Bread Fruit	Cod Dinner Coleslaw Bread Fruit	Pancake Sausage Vegetable Fruit
<b>Friday</b>	Chicken Tenders Vegetable Bread Fruit	Turkey Bacon Melt Vegetable Soup Fruit	Grilled Chicken Breast Salad Toast Fruit

\*All meals are served with milk daily. Ingredients available upon request.

\*Please be aware that our food may contain or come into contact with common allergens, such as milk, eggs, wheat, soybeans, tree nuts, peanuts, fish, or shellfish.

*K.A. DiFranco RDN, LD*  
12/7/2022

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**Menu 2 (every other week rotation):**

<b>Monday</b>	Veal Cutlet Homemade Noodles Vegetable of the Day Fruit	Club BLT Vegetable Soup Fruit	Chicken Salad platter Toast Fruit
<b>Tuesday</b>	Turkey Vegetable of the Day Bread Fruit	Chef's Omelet Homefries Toast Fruit	Cheeseburger with lettuce and tomato Potato Salad Fruit
<b>Wednesday</b>	Broasted Chicken Mashed Potatoes Vegetable of the Day Bread Fruit	Baker's Bundle (Cheeseburger, Bacon, Homemade sauce, Lettuce and Tomato) Macaroni Salad Fruit	Tuna Salad Sandwich Noodles Fruit
<b>Thursday</b>	Salisbury Steak Baked Potato Vegetable of the Day Bread Fruit	Esther's Special (Toast topped with egg your way, ham & cheese sauce) Fruit	Grilled Ham & Cheese Sandwich Vegetable soup Fruit
<b>Friday</b>	Cod Dinner Mashed Potatoes Vegetable of the Day Bread Fruit	Grilled Chicken Deluxe Sandwich Vegetable of the Day Fruit	Mushroom Swiss Burger Potato Salad Fruit

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*KT Francisco RDN, LD*

12/7/2022