

Archbold Adult Day Care Menu Provided by Essen Haus

Menu 1 (2 weeks, chose one meal option each day):

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|------------------|--------------------------------------------------------------|---------------------------------------------------------|----------------------------------------------------------------|
| Monday | Broasted Chicken Mashed Potatoes Bread Fruit | Reuben Sandwich Macaroni Salad Vegetable Fruit | Chef Salad Toast Fruit |
| Tuesday | Salisbury Steak Mashed Potatoes Toast Fruit | BLT Potato Salad Fruit | Veggie Omelet Home fries Fruit |
| Wednesday | Roast Beef Mashed Potatoes Vegetable Bread Fruit | Hot Ham & Cheese Sandwich Vegetable Soup Fruit | Hamburger w/lettuce and tomato Homemade Noodles Fruit |
| Thursday | Roast Pork Baked Potato Bread Fruit | Cod Dinner Coleslaw Bread Fruit | Pancake Sausage Vegetable Fruit |
| Friday | Chicken Tenders Vegetable Bread Fruit | Turkey Bacon Melt Vegetable Soup Fruit | Grilled Chicken Breast Salad Toast Fruit |

*All meals are served with milk daily. Ingredients available upon request.

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Menu 2 (2 weeks, chose one meal option each day):

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|------------------|-------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|------------------------------------------------------------------|
| Monday | Veal Cutlet Homemade Noodles Vegetable of the Day Fruit | Club BLT Vegetable Soup Fruit | Chicken Salad platter Toast Fruit |
| Tuesday | Turkey Vegetable of the Day Bread Fruit | Chef's Omelet Home fries Toast Fruit | Cheeseburger with lettuce and tomato Potato Salad Fruit |
| Wednesday | Broasted Chicken Mashed Potatoes Vegetable of the Day Bread Fruit | Baker's Bundle (Cheeseburger, Bacon, Homemade sauce, Lettuce and Tomato) Macaroni Salad Fruit | Tuna Salad Sandwich Noodles Fruit |
| Thursday | Salisbury Steak Baked Potato Vegetable of the Day Bread Fruit | Esther's Special (Toast topped with egg your way, ham & cheese sauce) Fruit | Grilled Ham & Cheese Sandwich Vegetable soup Fruit |
| Friday | Cod Dinner Mashed Potatoes Vegetable of the Day Bread Fruit | Grilled Chicken Deluxe Sandwich Vegetable of the Day Fruit | Mushroom Swiss Burger Potato Salad Fruit |

*All meals are served with milk daily. Ingredients available upon request.